

TO YOU FLEEING UKRAINE

At times when many people are fleeing an armed conflict, there may be individuals who seem helpful but who want to take advantage of the situation. There may be a risk of human trafficking.

Keep this in mind when someone offers to arrange travel, accommodation or work for you:

- Never hand over your passport, other important documents or your phone.
- Ask people who would like to help you to identify themselves.
- Ensure that you get information about destinations and contact information to those responsible for organising the travel. Document what you find out.
- If possible, inform someone you trust about your whereabouts, where you are going and with whom you are travelling.
- You are entitled to a salary if you work in Sweden. Do not accept offers to work in exchange for somewhere to live, food or other goods.
- Contact the Swedish authorities, register with the **Swedish Migration Agency**.

Are you under pressure or being subject to violence? There's help available!

The Swedish police have a non-urgent phone number, +46 77 114 14 00, for all cases that do not concern ongoing or recent crimes and events. You can call this number within Sweden's border or abroad. It is open 24 hours a day, all year around. Respondents speak Swedish and English.

Is the situation urgent? Call 112. It is to the police that you turn to report or provide tips about crimes. Respondents speak Swedish and English. If there is time, they can enlist the help of an interpreter. 112 is a toll-free number.

If you have been a victim of sexual abuse, threats or violence and want advice or support, you can call Kvinnofridslinjen on phone number: +46 20-50 50 50 50.

Interpreter assistance can be offered.

For more information,
please visit:

[https://jamstalldhetsmyndigheten.se/
swedish-gender-equality-agency/ukraine](https://jamstalldhetsmyndigheten.se/swedish-gender-equality-agency/ukraine)



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